SANDBOX PRIME
MULTISPORTS, PAIN, & REHABILITATION

UPDATED SERVICE RATES STARTING OCTOBER 15, 2026

PHYSICAL THERAPY (PT)				
INCLUSION	**BASIC**	**DELUXE**	**PREMIUM**	**EXECUTIVE**
Basic PT	✓	✓	✓	✓
Basic Mods	**X**	✓ *2 Basic Mods*	✓** *2 Basic Mods*	✓ *1 Basic Mod*
Special Mods	**X**	**X**	✓ *1 Special Mod*	✓ *2 Special Mods or 1 Special Mod for 2 Areas*
Rates	**₱1,500.00**	**₱1,750.00**	**₱2,500.00**	**₱3,000.00**
Promo Bundles • *3+1* • *7+1* • *11+1*	✓	✓	✓	✓

***Optional*

Note: To avail physical therapy services, the client must have a doctor's referral for physical therapy.

REHABILITATION UNIT	
SERVICES	**RATES**
PT Initial Evaluation	₱1,500.00
OT/ST Initial Evaluation	₱2,500.00
Occupational Therapy (OT) Session	₱1,750.00
Speech Therapy (ST) Session	₱1,750.00

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OTHERS	
SERVICES	**RATES**
Retainer's Fee for ST	₱875.00

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ADD-ONS: MODALITIES	
BASIC MODALITIES	**RATES**
Infrared Radiation (IRR) *A therapeutic modality that uses infrared heat to help relieve muscle pain, improve blood circulation, and promote relaxation.*	₱500.00
Transcutaneous Electrical Nerve Stimulation (TENS) / Electrical Stimulation (ES) *Uses mild electrical impulses to help relieve pain, stimulate muscles, and improve muscle function.*	₱500.00
Ultrasound (US) *Uses high-frequency sound waves to help relieve pain, reduce muscle stiffness, and promote tissue healing.*	₱500.00
Traction *Uses a gentle pulling force to help relieve pressure on the spine, reduce nerve compression, and alleviate neck or back pain.*	₱750.00
SPECIAL MODALITIES	**RATES**
Shockwave (1 Area) *Uses acoustic waves to help relieve chronic pain, stimulate tissue healing, and improve mobility in affected muscles and tendons.*	₱1,000.00
Shockwave (2 Areas)	₱1,500.00
TECAR (1 Area) *Uses radiofrequency energy to promote blood circulation, reduce pain, support tissue healing, and improve muscle recovery and mobility.*	₱1,000.00
TECAR (2 Areas)	₱1,500.00
Cryothermal Ultrasound (1 Area) *Combines ultrasound and thermal therapy to help relieve pain, reduce inflammation, and promote tissue healing and recovery.*	₱1,000.00
Cryothermal Ultrasound (2 Areas)	₱1,500.00

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REST AND RECOVERY				
INCLUSION	**BASIC**	**DELUXE**	**PREMIUM**	**EXECUTIVE**
Basic Rest and Recovery	✓	✓	✓	✓
Basic Mods	X	✓ *2 Basic Mods*	✓** *2 Basic Mods*	✓ *1 Basic mod*
Special Mods	X	X	✓ *1 Special Mod*	✓ *2 Special Mods or 1 Special Mod for 2 areas*
Rates	**₱1,500.00**	**₱1,750.00**	**₱2,500.00**	**₱3,000.00**
Promo Bundles • *3+1* • *7+1* • *11+1*	✓	✓	✓	✓

***Optional*

Note: Rest and Recovery does not need a doctor's referral.

SPORTS & FITNESS	
SERVICES	**RATES**
Strength & Conditioning (S&C) *Coaching Session*	₱1,500.00
Strength & Conditioning (S&C) Assessment	₱2,000.00
Initial Nutritionist Consult	₱2,000.00
Follow-Up Nutritionist Consult	₱1,000.00